

**Consett Medical Centre
Station Yard
Consett
Co Durham
DH8 5YA**

Newsletter

July 2024

Staff updates

We are currently recruiting for a social prescriber link worker and a receptionist.

A look back on June 2024

Appointments: **8550**

Home Visits: **127**

Did not attend: **499**

Inbound Telephone calls to our reception team: **11624**

Our Surgery welcomed **84** new patients.

3 New Babies were born!



Quote of the month:



Walk in smears every Tuesday!

Did you know every Tuesday we have a walk-in smear clinic, there is no need to book an appointment - just walk in between **8:30am and 10am.**

Health Awareness Events / Calendar

Alcohol awareness week 01/07/2024-07/07/2024

<https://alcoholchange.org.uk/>

National Bereaved Parents Day- 03/07/2024

<https://achildofmine.org.uk/national-bereaved-parents-awareness-day/>

Sarcoma awareness month – July

<https://sarcoma.org.uk/about-sarcoma/>

Good care month – July

<https://www.daysoftheyear.com/days/good-care-month/>

Samaritans' awareness day – 24/07/2024

<https://www.samaritans.org/support-us/campaign/samaritans-awareness-day/>



Queue Buster



We Experience high numbers of calls in the morning.

When you contact the practice, you will be given the option to Press 1 – Which means you can hang up the phone and your place in the queue will remain. Our Phone system will call automatically call you back when you reach the front of the queue.

!!Reminder!!

The **E-Consult** is used for **fit notes and administrative Queries only**. To better assist with patient safety, we ask that any queries relating to a medical condition are not put through via E-Consult.
Please call us on 01207 583 400

Insulin safety week

Consett Medical Centre will be participating in insulin safety week 1st-7th July 2024.


The theme is safe use of diabetes technology. The Diabetes Specialist team have organised a range of appropriate patient resources that will be displayed in the main waiting area and these will be free for diabetics to access throughout the week.

They include a wide range of patient information leaflets such as injection technique, identity cards for insulin users, samples of available diabetes technologies (libre and dexcom), hypo remedies and much more.



If you test positive for Covid please do NOT attend the surgery. Call Consett Medical Centre on 01207 583400 for advice.

There are very high **pollen levels** across the country at the moment.
If you suffer from **hay fever**, the **NHS website** has some useful info on easing your symptoms

 <http://nhs.uk/conditions/hay-fever>

Meet our team – July

In this section, every month we will introduce a member of our team including answers to questions the individual has provided.

Atinuke Falusi, GP.

Started in August 2023



What are your interests outside of work?

Cooking.

What are your interests as a GP/Nurse?

Joint Injections and women's health.

What do you enjoy most about being a GP/Nurse?

The ability to help my patients.

NHS Health check

The NHS Health check is a free check-up of your overall health. It can tell you whether you're at risk of getting certain health problems, such as Heart disease, Diabetes, Kidney disease, stroke.

If you're aged **40-74** and do not have a pre-existing health condition, you should receive an invite to book an appointment.