

**Consett Medical Centre
Station Yard
Consett
Co Durham
DH8 5YA**

Newsletter

February 2025

Staff updates

We are currently recruiting for a SPLW, GP administrator and a GP.



A look back on January 2025

Appointments: **9,222**

Home Visits: **117**

Did not attend: **340**

Inbound Telephone calls to our reception team: **12,339**

Our Surgery welcomed **57** new patients.



We now have access to book appointments in an **ARI hub**.

ARI Hubs provide specialist clinics which offer same-day, care for respiratory infections, helping people who require support to be treated faster and safely cared for in the community.

ARI Hubs are available for adults and children aged 3 months and over who are experiencing winter respiratory symptoms, such as coughing, wheezing, or shortness of breath, which have started within the last seven days.

If you have any of these symptoms and require extra support, you may be suitable for an appointment at an **ARI Hub**.

Quote of the month:

Don't wait until you reach your goal to be proud of yourself. Be proud of every step you take.

!!Lost property !!

We have a lot of items in our lost property box, if you think we may have something you have lost please ask at the reception desk.

We will be giving these items to charity if they are not collected by next week.

Thankyou.

First Contact Physio

FCP is a great service available for new onset MSK (muscle/tendons/joint problems) conditions or a recent flare up of the existing conditions in the last 3 months.

e.g. New soft tissue/ligament/joint sprains / pain or injury, a New spinal pain, an acute flare up of chronic problems including osteoarthritis.

The service offers:

Early assessment (within 2 working days)

Management advice

FIT notes (FCP can issue Med3 notes)

Corticosteroid injections (when indicated)

Referral for X-ray, ultrasound scans, MRI scans (when indicated)

Onwards referral if necessary to Physiotherapy, Extended Scope Practitioners, Orthopaedics, Rheumatology, back to Primary Care or to Pain Management.

Did you know?

Although our phone lines can be very busy on a morning, we have a cancellation line where you can leave a message with our admin team to cancel your appointment.

Call 01207 593 580

It is a great time to book in for your **NHS Health check!**

If you're aged 40 to 74 and do not have a pre-existing health condition you are eligible for a health check.

Call us on 01207 583400 to book in now!



In January we had **340** Did Not Attends.

If you can't make an appointment please call us and cancel so we can give this valuable time to other patients who need it.

Thank you, from all staff and other patients.



GP appointment?
Can't make it?
Don't need it?

CANCEL IT!

If you would like an appointment for **cervical screening** please contact the practice on 01207 583 400.

We also have a walk-in clinic on Tuesday mornings.

