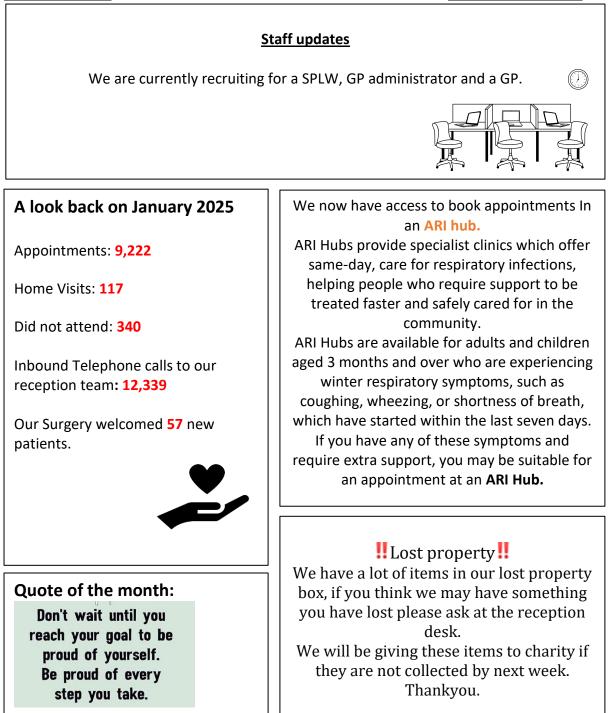
## Consett Medical Centre Station Yard Consett Co Durham DH8 5YA

# Newsletter

# February 2025



#### **First Contact Physio**

FCP is a great service available for new onset MSK (muscle/tendons/joint problems) conditions or a recent flare up of the existing conditions in the last 3 months.

e.g. New soft tissue/ligament/joint sprains / pain or injury, a New spinal pain, an acute flare up of chronic problems including osteoarthritis.

The service offers:

Early assessment (within 2 working days) Management advice

FIT notes (FCP can issue Med3 notes)

Corticosteroid injections (when indicated)

Referral for X-ray, ultrasound scans, MRI scans (when indicated)

Onwards referral if necessary to Physiotherapy, Extended Scope Practitioners, Orthopaedics, Rheumatology, back to Primary Care or to Pain Management.

## Did you know?

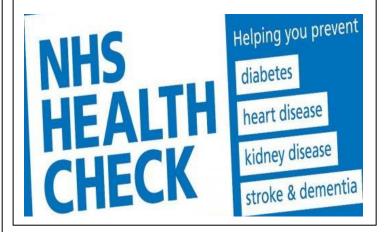
Although our phone lines can be very busy on a morning, we have a cancellation line where you can leave a message with our admin team to cancel your appointment.

Call 01207 593 580

It is a great time to book in for your NHS Health check!

If you're aged 40 to 74 and do not have a pre-existing health condition you are eligible for a health check.

Call us on 01207 583400 to book in now!



### In January we had 340 Did Not Attends.

If you can't make an appointment please call us and cancel so we can give this valuable time to other patients who need it.

#### Thank you, from all staff and other patients.



If you would like an appointment for cervical screening please contact the practice on 01207 583 400. We also have a walk-in clinic on Tuesday mornings.

